What is a cookie?

A cookie is a small text file that is stored on your computer or other internet connected device in order to identify your browser, provide analytics, remember information about you such as your language preference or login information. They are completely safe and cannot be used to run programs or deliver viruses to your device. You can learn more about cookies here: https://www.aboutcookies.org.uk

What type of cookies do we use?

The list below describes the cookies we use on this site and what we use them for. Currently we operate an 'implied consent' policy which means that we assume you are happy with this usage. If you are not, then you should either not use this site, or you should delete the cookies having visited the site, or you should browse the site using your browser's anonymous usage setting (called "Incognito" in Chrome, "InPrivate" for Internet Explorer, "Private Browsing" in Firefox and Safari etc.)

First party cookies

These are cookies that are set by this website directly. We use Google Analytics, a popular web analytics service which uses cookies to help us to count the number of people that visit AboutCookies.org and to analyse how they use it (e.g., we can determine which pages on our site are the most popular ones).

The information generated by the cookies about your use of our website (including your IP address) will be transmitted to and stored by Google on servers in the United States. Google will use this information for the purpose of evaluating your use of our website, compiling reports on website activity and providing other services relating to website activity and internet usage. Google may also transfer this information to third parties where required to do so by law, or where such third parties process the information on Google's behalf. Google undertakes not to associate your IP address with any other data held by Google.

If you want to delete these cookies, please follow these instructions https://www.aboutcookies.org.uk

Third party cookies

These are cookies set on your machine by external websites whose services are used on this site. Cookies of this type are buttons that allow visitors to share content via Facebook, Twitter, LinkedIn, YouTube etc. When using these buttons there are scripts from domains outside of our website.

contact@assureintegrity.com

Accordingly, you should be aware that these sites are likely to be collecting information about you and therefore it is advised you check the respective policies of those sites.

How to manage cookies

Most browsers allow you to control cookies through their 'settings' preferences. However, if you limit the ability of websites to set cookies, you may worsen your overall user experience, since it will no longer be personalized to you. It may also stop you from saving customized settings like login information. Browser manufacturers provide help pages relating to cookie management in their products. Please see below for more information.

Browser manufacturers provide help pages relating to cookie management in their products. Please see below for more information:

- **Google Chrome**
- **Internet Explorer**
- **Mozilla Firefox**
- **Safari (Desktop)**
- **Safari (Mobile)**
- **Android Browser**
- **Opera**
- **Opera Mobile**

Disclaimer

We may update this Cookie Statement from time to time in order to reflect, for example, changes to the cookies we use or for other operational, legal or regulatory reasons. Please therefore re-visit this Cookie Statement regularly to stay informed about our use of cookies and related technologies. For more information relating to cookies, please email contact@assureintegrity.com.

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